

Days of arrival and departure included

## Kriya Yoga Europe Programmes 2019, 6-12

(Subject to Change)

Teachers: Rajarshi Peter van Breukelen – PvB, Swami Mangalananda Giri – SMG, Yogacharya Claudia Cremers – YCC, Yogacharya Petra Helwig – YPH, Yogacharya Uschi Schmidtke –YUS

Date	Place	Local Contact	Phone & e-mail Contact	Teachers
30.05. – 03.06.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Swami Achalananda Giri, PvB, YCC, YPH
05.06. – 12.06. Evening - midday	Tattendorf, Austria First and Higher Kriya Retreat*	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Achalananda Giri, PvB, SMG, YCC, YPH, YUS
14.06. – 19.06.	Budapest, Hungary Retreat Budapest Hungary	Daniela Santha	+36 630 9339693 daniela.santha@gmail.com	Swami Achalananda Giri Yogacharya Uschi Schmidtke
21.06. – 23.06.	Bielsko-Biala, Poland	Iwona Bukowska	+48 696067268 iwon.bukowska@gmail.com	Swami Mangalananda Giri
21.06. – 23.06.	Crestet - Avignon, France	Charlie Robert	+33 614711239 charlierobert@orange.fr	Yogacharya Claudia Cremers
21.06. – 23.06.	Hanover, Germany	Michael Krohn Florian Berief	michael_krohn@posteo.de +49 5113940976, florianberief@web.de	Yogacharya Uschi Schmidtke
23.06. – 28.06.	Trekking Retreat Koscielisko, Poland	Roland Nowak Gosia Sporna	nowak.roland@gmail.com, +48 509 107 494 msporna@wp.pl, +48 606 585 556	Swami Mangalananda Giri
28.06. – 30.06.	Frankfurt, Germany	Milorad Nikolic, Margit Kremeyer Christiane Grießer	+49162 2659628, + 49 1735626754 + 49 6081 442681 kriyayoga.frankfurt@gmail.com	Yogacharya Uschi Schmidtke
29.06. – 05.07.	Meditation and Hiking Retreat, Ardfert Ireland	Sue Hinnell Evelyn Hilvering	+353 892536880, +353 61927441 kriyairland1@gmail.com	Swami Mangalananda Giri
05.07. – 07.07.	Tallow (Waterford), Ireland	Sue Hinnell Evelyn Hilvering	+353 892536880, +353 61927441 kriyairland1@gmail.com	Swami Mangalananda Giri
05.07. – 07.07.	Freiburg, Germany	Klaus Kniffka	+49 7664 4036202, kkniffka@t-online.de	Yogacharya Uschi Schmidtke
10.07. – 14.07.	Sterksel, Holland (lang. French/English)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, Yogacharya Claudia Cremers
12.07. – 14.07.	Kiel, Germany	Jutta	kriyayoga-kiel@gmx.de	Swami Mangalananda Giri
18.07. – 21.07.	Retreat Malmö Sweden	Peter Strinnö	+46 704941911, peter.strinno@gmail.com	Swami Mangalananda Giri
19.07. – 26.07.	Lakeside Retreat, Sweden	Giri & Nicole	+31655375355 info@lakesideretreat.org	Rajarshi Peter van Breukelen
19.07. – 21.07.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Yogacharya Uschi Schmidtke
22.07. – 25.07. (arr. 21. /dep 26.)	Tattendorf, Austria Seva Days** – stay for free	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
26.07. – 28.07.	Oldenburg (Kirchhatten), Germany	Rainer Kersten	+49 15112645038 vidyananda@kidokwon.de	Swami Mangalananda Giri

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Date	Place	Local Contact	Phone & e-mail Contact	Teachers
26.07. – 28.07.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Yogacharya Uschi Schmidtke
28.07. – 02.08.	Meditation and Hiking Retreat - Harz, Germany	Andreas Schulte Yvonne Krüger- Schulte	krueger-schulte@arcor.de	Swami Mangalananda Giri
02.08. – 07.08.	Sterksel, Holland (lang. English)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
02.08. – 09.08.	Meditation and Hiking Retreat, Elm, Switzerland	Christine Glauser	+41 794859734 info@yoga-kuesnacht.ch	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
09.08. – 18.08.	Retreat Berlin -Wilhelmsau Germany	Anschi Nagler	+ 49 15774667014, info@kriya-berlin.de	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
23.08. – 28.08.	Taraska, Poland - Retreat	Ania Szczesna Nadia Pawelczyk	+48 974 903 422, angelania@hotmail.com +48 691709305, n.pawelczyk@gmail.com	Swami Mangalananda Giri Yogacharya Uschi Schmidtke
30.08. – 03.09.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Swami Atmavidyananda Giri PvB, YCC, YPH
04.09. – 11.09.	Tattendorf, Austria Ashram Foundation Seminar	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Atmavidyananda Giri PvB, SMG, YCC, YPH, YUS
14.09. – 18.09.	Riga, Latvia - Retreat	Dzidra Segleniece	+371 29161674, dzseg@inbox.lv	Swami Mangalananda Giri
13.09. – 15.09.	Paris, France	Nicole Chaudet	institkriya@yahoo.fr	Rajarshi Peter van Breukelen
20.09. – 22.09.	Freudenberg, Germany (near Aschaffenburg)	Gertraud & Wilfried Kirstein	+49 93771542, shanti108@t-online.de	Yogacharya Uschi Schmidtke
28.09. – 29.09.	Salzburg, Austria – Retreat	Susanne & Peter Walker	+43 664 3122707, susanne.walker@outlook.at	Yogacharya Uschi Schmidtke
27.09. – 29.09.	Gdynia, Poland	Danuta Sadowska	+48 601910306, desadd@o2.pl	Yogacharya Claudia Cremers
04.10. – 06.10.	London, UK	Hagen Rampes	+44 705027382 info@kriyayogauk.com	Rajarshi Peter van Breukelen
04.10. – 06.10.	Constanta, Romania	Magdalena Stepanian	+40 722 598 311 kriya.romania@yahoo.com	Swami Mangalananda Giri
04.10. – 06.10.	Marseille, France	Charlie Robert	+33 614711239 charlierobert@orange.fr	Yogacharya Claudia Cremers
04.10. – 06.10.	Wroclaw, Poland	Krystyna Halabura, Przemyslaw Targosz	khalabura@gmail.com, +48 532 380 137 p.targosz@wp.pl, +48606465581	Yogacharya Uschi Schmidtke
11.10. – 13.10.	Zagreb, Croatia	Katija Zubcic	+ 385 917998916 katija.zubcic@gmail.com	Swami Mangalananda Giri

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Date	Place	Local Contact	Phone & e-mail Contact	Teachers
11.10. – 13.10.	Bad Wörishofen, Germany	Silke Weiss	+49 151 20687741 silkeweissdesign@t-online.de	Yogacharya Uschi Schmidtke
11.10. – 13.10.	Sterksel, Holland * (2nd Kriya, lang. English)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
14.10. – 20.10.	Sterksel, Holland (Seva Days**, lang. Engl. )	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC
18.10. – 20.10.	Trier, Germany	Rita Müller	+49 17658387799, kriyayoga-trier@web.de	Yogacharya Uschi Schmidtke
18.10. – 20.10.	Budapest, Hungary	Daniela Santha	+36 630 9339693 daniela.santha@gmail.com	Swami Mangalananda Giri
19.10. – 20.10. To be determined	Den Haag (The Hague) Holland (lang. Dutch, Engl.)	Claudia Cremers	+31 40 2266217	Yogacharya Claudia Cremers
20.10. – 22.10.	Ankara, Turkey	Sunay Yalcin	+90 533 565 5676, sunayyalin@gmail.com	Yogacharya Claudia Cremers
25.10. – 27.10.	Belgrade, Serbia	Bozidar Stavric, Andjelka Tomasevic, Cecilia Gonzalez	istriver@yahoo.com, +381 641661818, +381 63326373, chechagon@hotmail.com	Yogacharya Claudia Cremers
25.10. – 27.10.	Stuttgart, Germany	Jutta Essinger	+49 711 28446680, juttamargit@gmx.de	Swami Mangalananda Giri
01.11. – 03.11.	St. Gallen, Switzerland	Evelyn Gelpi	+41 79 771 28 86, +41 71 245 22 88 evelyngelpi@hotmail.com	Yogacharya Claudia Cremers
01.11. – 03.11.	Nuremberg, Germany	Agi Hirl	kriyayoga-nbg@t-online.de	Yogacharya Uschi Schmidtke
06.11. – 10.11.	International Retreat Frankfurt, Germany	Elke & Wolfgang Lang	+351 914 479 333, e.lang@sapo.pt	Rajarshi Peter van Breukelen, SMG, YCC, YUS
15.11. – 17.11.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri
15.11. – 17.11.	Sterksel, Holland (lang. Dutch)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
22.11. – 24.11.	Munich, Germany	Gerti & Michael Rieser	+49 89 3083939, gm.rieser@web.de	Rajarshi Peter van Breukelen
22.11. – 24.11.	Hamburg, Germany	Nele Müller	+49 40 86646221 mail@kriyayoga-hamburg.de	Yogacharya Claudia Cremers
22.11. – 24.11.	Basel (Mariastein), Schweiz	Marina Buser	info@ganzheitlichepraxis.ch +41 614818854, +41 797493539	Yogacharya Uschi Schmidtke
29.11. – 01.12.	Krakow, Poland	Ewa Koscielny Grazyna Sobalska	+48 537090983, ewakoscielny@hotmail.com +48 691461109, sobgra@gmail.com	Yogacharya Uschi Schmidtke

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Date	Place	Local Contact	Phone & e-mail Contact	Teachers
06.12. – 08.12.	Mainz, Germany	Andreas Dörnfeld, Brigitte Schwarz	+49 6136 44575, +49 6131 907 3 907 doernfeld@gmx.net brigitte@naturheilpraxis-schwarz.de	Swami Mangalananda Giri
06.12. – 08.12. To be determined	Milan, Italy	Antonia Salles Matteo Paulli	+ 39 3347278122, antoniasalles@gmail.com + 39 329 3918469	Yogacharya Claudia Cremers
07.12. – 08.12.	Retreat Eisenach, Germany	Petra & Thomas Sollgruber	mail@omra-lichtboten.de +49 36921 27444	Yogacharya Uschi Schmidtke
13.12. – 15.12	Berlin, Germany	Christoph & Valentina Albertini	+49 170 5569938, info@kriya-berlin.de	Swami Mangalananda Giri
24.12. – 01.01.	Sterksel, Holland (lang. Engl.)	Kriya Yoga Centrum	+31 40 2265 576 info@kriyayogameditatie.nl	Rajarshi Peter van Breukelen, YCC, YPH
24.12. – 01.01.	Tattendorf, Austria	Kriya Yoga - Mother Centre Europe	+43 2253 81491, kyc@kriya.eu	Swami Mangalananda Giri Yogacharya Uschi Schmidtke

**Higher Kriya Retreat/2<sup>nd</sup> Kriya \*** – for Kriyavans who have been initiated in any of the higher Kriyas by authorized teachers of this lineage of Kriya Yoga of Paramahansa Hariharananda and Paramahansa Prajnanananda are welcome to attend this retreat and also for those who have practiced Kriya I for a minimum of 3 years and who have additionally got permission from a Kriya teacher to be initiated into Kriya II.

**Seva Days\*\*** – Days for selfless service, free board and lodging

 - Retreats are colored in green